

CONFIDENTIAL HEALTH HISTORY

Patient: _____ Date: _____

Please answer and print appropriate responses. An accurate and complete health history is critical in planning and performing proper care. All information is strictly confidential.

Physicians Name: _____ Phone Number: _____

Approximate date of last medical check up: _____

(A) GENERAL

1. Do you consider your health to be good? Yes No

2. Have you ever been hospitalized, had any serious illness or operation? Yes No

If Yes please explain: _____

3. Has there been any recent change in your health? Yes No

4. Are you presently being treated by your physician or a specialist? Yes No

If Yes please explain: _____

5. Are you presently taking any medications?
If Yes please list names and doses _____

6. Are you allergic or have you reacted adversely to any medications? Yes No

If Yes please check below or provide examples _____

Penicillin	Aspirin	Valium	Sleeping Pills
Erythromycin	Codeine	Sulfonamide (Sulfa)	
Tetracycline	Percodan	Local Anesthetics	
Clindamycin	Demerol	Iodine	

7. Do you smoke? Yes No

If Yes how much per day: _____

8. When you walk stairs or take a walk, do you ever have to stop because of pain in your chest, or shortness of breath, or because you are very tired? Yes No

9. Are you allergic to latex gloves? Yes No

(B) FOR WOMEN ONLY

1. Are you pregnant? Yes No

If Yes please provide your due date: _____

2. Are you taking birth control pills? Yes No

(C) SPECIFICS Do you have or have ever had any of the following:

1. Rheumatic fever? Yes No

2. Congenital heart disease? Yes No

3. Heart murmur and/or damaged heart valves? Yes No

4. Heart attack? Yes No

5. Congestive heart failure? Yes No

6. Pace maker, artificial valves or transplants? Yes No

7. Angina Pectoris (pain in the chest)? Yes No

8. Heart surgery? Yes No

9. Breathing problems e.g. asthma, emphysema, etc.? Yes No

10. Tuberculosis? Yes No

11. High or low blood pressure? Yes No

- | | | |
|---|------------|-----------|
| 12. Stroke? | <u>Yes</u> | <u>No</u> |
| 13. Blood disorders e.g. anemia, haemophilia, prolonged bleeding, bruising? | <u>Yes</u> | <u>No</u> |
| 14. Blood transfusions? If so when? | <u>Yes</u> | <u>No</u> |
| 15. Diabetes (sugar illness)? | <u>Yes</u> | <u>No</u> |
| 16. Thyroid excess or insufficiency? | <u>Yes</u> | <u>No</u> |
| 17. Hepatitis, jaundice or liver disease? | <u>Yes</u> | <u>No</u> |

If yes please specify:

- | | | |
|---|------------|-----------|
| 18. Kidney problem or dialysis? | <u>Yes</u> | <u>No</u> |
| 19. Stomach or intestinal ulcers? | <u>Yes</u> | <u>No</u> |
| 20. Digestive problems e.g. Crohn's disease? | <u>Yes</u> | <u>No</u> |
| 21. Arthritis? If so what type and where in the body? | <u>Yes</u> | <u>No</u> |
| 22. Artificial joints (knee or hip and when)? | <u>Yes</u> | <u>No</u> |
| 23. Allergies and sensitivities? | <u>Yes</u> | <u>No</u> |
| 24. Cancer or tumor? If so what type | <u>Yes</u> | <u>No</u> |

If yes please specify:

- | | | |
|---|------------|-----------|
| 25. Radiation or chemotherapy? | <u>Yes</u> | <u>No</u> |
| 26. AIDS or positive for HIV? | <u>Yes</u> | <u>No</u> |
| 27. Cold sores? | <u>Yes</u> | <u>No</u> |
| 28. Venereal disease? (syphilis, gonorrhoea etc.) | <u>Yes</u> | <u>No</u> |
| 29. Fainting spells? | <u>Yes</u> | <u>No</u> |
| 30. Epilepsy or convulsions? | <u>Yes</u> | <u>No</u> |
| 31. Nervous disorders e.g. Parkinson's disease? | <u>Yes</u> | <u>No</u> |
| 32. Psychiatric disorders? | <u>Yes</u> | <u>No</u> |
| 33. Trauma to face or head? | <u>Yes</u> | <u>No</u> |
| 34. Frequent headaches? If so where? | <u>Yes</u> | <u>No</u> |
| 35. Vision problems? E.g. glaucoma? | <u>Yes</u> | <u>No</u> |
| 36. Cosmetic surgery? | <u>Yes</u> | <u>No</u> |
| 37. Sinus problems? | <u>Yes</u> | <u>No</u> |
| 38. Hay fever? | <u>Yes</u> | <u>No</u> |
| 39. Drug addiction? | <u>Yes</u> | <u>No</u> |
| 40. Cortizone medication? | <u>Yes</u> | <u>No</u> |
| 41. Sickle cell disease? | <u>Yes</u> | <u>No</u> |
| 42. Scarlet fever? | <u>Yes</u> | <u>No</u> |
| 43. Do you snore loudly (loud enough to be heard through closed doors or your bed-partner elbows you for snoring at night)? | <u>Yes</u> | <u>No</u> |
| 44. Do you often feel tired, fatigued or sleepy during the daytime? | <u>Yes</u> | <u>No</u> |
| 45. Has anyone observed you stop breathing/gasping during your sleep? | <u>Yes</u> | <u>No</u> |

Are there any problems that have not been listed above? Yes No

If Yes please provide details _____

Is there anything in this questionnaire that you did not understand? Yes No

PATIENT CERTIFICATION:

I, the undersigned that all of the above medical information is true to my knowledge and I have not omitted any pertinent information.

Signature _____ Date _____

Signature of parent or guardian (if under 18) _____

Summary:

Staff Signature: _____ Date: _____